

# MAHAJUBILEE TRAINING COLLEGE

MULLOOKARA - THRISSUR (DT). 680 583



*Value Education*

## REFLECTIVE JOURNAL

Year : 2020-22.....

Name : RAICHAL ROS.....

Reg.No. : MTAUTMS006.....

Optional Subject : MATHEMATICS.....

Certified that this is the bonafide record of..... RAICHAL ROS.....

Reg. No..... MTAUTMS006..... For the year..... 2020-22.....

*Daisy E*  
FACULTY MEMBER

Date..... 14/01/2022.....



*Chacko*  
PRINCIPAL

Date..... 14/01/2022.....

Asst. PROFESSOR IN MATHEMATICS  
MAHAJUBILEE TRAINING COLLEGE  
MULLOOKARA - 680 583

Rev. Dr. Chacko Chiramel  
PRINCIPAL  
MAHAJUBILEE TRAINING COLLEGE  
MULLOOKARA - THRISSUR



## INDEX

SL NO	CONTENT	PAGE NO
1.	Introduction	1
2.	Need and significance	2
3.	Day wise Report	3-64
4.	Conclusion	64-65



## INTRODUCTION

Reflective journals are personal records of students learning experiences. It is a space where a learner can record their responses. It serves as a means for teachers to candidly share their insights, feelings, emotions and ideas in a confidential manner. Similar to a diary, it is meant to inspire reflections on events leading to both success and failure in the classroom. Implementing a reflective journal and the reflection process can be very beneficial. It is a tool which is very helpful for students teachers to reflect on events, cases and instructions etc. A reflective journal is a place to write down your daily reflection entries. It can be something good or bad that has happened to you that you can self-reflect on and learn from past experiences. It also can help you to identify important learning extents that had happened in your life.

## NEED AND SIGNIFICANCE

- 1) To enhance reflection, critical thinking, and promote professional growth.
- 2) Examine the learning process for self growth.
- 3) Reflective writing engages one in the process of deep understanding and continuous learning.
- 4) Enhance Innovation
- 5) Facilitate teaching.



DAY- 1

04-10-2021

Today is the first day of school internship

Due to covid-19 pandemic, schools are still not opened. The teaching practice is conducting through online mode.

On the first day, I collected the classes and portions from respective maths teachers. I got two divisions in VIII<sup>th</sup> standard and one division in IX<sup>th</sup> standard. There exist only 3 classes per weeks in High School section.

On the same day, I went to college for submission of records and collect detailed information regarding the school internship practices.

DAY- 2

05-10-2021

On the second day of the internship, I went to Mahajubilee Training college for seeking further detailed information regarding the school internship practices.



Due to online teaching, there was no period for maths in both  $\text{VIII}^{\text{th}}$  and  $\text{IX}^{\text{th}}$  standard. So I didn't get any class on second day for teaching.

So I prepared lesson plans, notes, charts and other learning aids for teaching and also studied about the topic that I have to take on the next day.

---

DAY-3

06-10-2021

On the third day of the internship, I went to Mahajubilee College for seeking further detailed information regarding the school internship practices. The principle and teachers detailed about the task and various test like Achievement test, diagnostic test that have perform in school. At 12 pm, I come back to my home. I took my first class on school internship. I have 2 classes on this day. I took the 2 class on  $\text{VIII}$  standard in I and A, B division.

The 1st class was scheduled at 3 pm to 4 pm



# MAHAJUBILEE TRAINING COLLEGE

MULLOOKARA - THRISSUR (DT). 680 583



## SUPERVISION DIARY

Year : 2020-2022

Name : ANNA VIJO

Reg.No. : MTAUTPN002

Optional Subject : PHYSICAL SCIENCE

Certified that this is the bonafide record of ANNA VIJO

Reg. No. MTAUTPN002 For the year 2020-2022

*Robina*

FACULTY MEMBER

Date 22-01-2022

Asst. PROFESSOR IN PHYSICS

MAHAJUBILEE TRAINING COLLEGE

MULLOOKARA - 680 583



*Sila*  
PRINCIPAL

Date 22-01-2022

Rev. Dr. Chacko Chiramel

PRINCIPAL

MAHAJUBILEE TRAINING COLLEGE  
MULLOOKARA - THRISSUR



## INDEX

Sl.No	Date	Topic	Std.	Page No.	Initials of Supervising Teacher
1	19-11-2021	OPEN CIRCUIT AND CLOSED CIRCUIT	VII	1	<i>Shubh</i>
2	13-12-2021	CONDUCTORS AND INSULATORS	VII	6	<i>Shubh</i>
3	23-10-2021	REACTION OF METALS WITH ACID	VIII	10	<i>Shubh</i>
4	29-10-2021	CORROSION OF METALS	VIII	14	<i>Shubh</i>
5	9-10-2021	MOTION AND NEWTON'S THIRD LAW OF			
6	29-10-2021	MOTION	IX	18	<i>Shubh</i>
7	29-10-2021	CORROSION OF METALS	VIII	22	<i>Shubh</i>
8	16-10-2021	ACTION AND REACTION	IX	26	<i>Shubh</i>
9	13-12-2021	CONDUCTORS AND INSULATORS	VIII	30	<i>Shubh</i>
10	13-12-2021	WHEN MAGNET ATTRACTS	VI	34	<i>Shubh</i>
11	26-10-2021	SOLUTE AND SOLVENT	VIII	38	<i>Shubh</i>
12					
13					
14					
15					



## OBSERVATION SCHEDULE-1

Name of the student teacher: Anna. Vijo

Class : VII

Name of the observer : Noorjahan P. U

Division : A

Name of the school : Govt. GHS, Wadakkancherry

Strength : 20

Subject : Basic science

Duration : 45 minutes

Unit : When current flows

Date : 19/11/2021

Topic : Open circuit & closed circuit

Sl. No.	Statement	Excellent	Good	Average	Below Average	Poor
Preparation Phase						
1.	Teacher appearance.	✓				
2.	Adequate communication skills.	✓				



	Checking the previous knowledge of students systematically introducing the lesson and systematic grouping.	✓				
4.	Subject competency of the teacher.	✓				
Learning Phase						
5.	Proper class management		✓			
6.	Provision of sufficient activity for each group.					
7.	clear and concise guidelines for group activity.	✓				
8.	Questions aptly worded and properly distributed	✓				
9.	continuous supervision and keen observation of learning activities	✓				
10.	Involvement of students in the learning activity.		✓			



11.	Teacher movement and Teacher posture.	✓					
12.	Provision of opportunities for the use of pupils observation book.		✓				
13.	On the spot diagnosis of learning difficulties and appropriate remediation.	✓					
14.	Strategies for managing interruptions	✓					
15.	Pacing of activities (equal weightage of time for each activity).	✓					
16.	Smooth transition (continuity between every activity).	✓					
17.	Appropriateness of learning aids and effective use of learning aids.	✓					
18.	Adequacy of learning experiences in achieving the anticipated competencies.	✓					



19.	Students exploring and eliciting the constructed knowledge through reflective process creating by the teacher	✓				
20.	use of blackboard	✓				
21.	Budgeting of time		✓			
22.	Encouragement of non volunteers	✓				
Closure Phase						
23.	consolidation of pupil's presentations	✓				
24.	Review of the lesson plan.	✓				
25.	Follow up activities providing proper knowledge construction and competency acquisition	✓				